

CADEL

LUNGS ON LEGS



TOURING TECHNICAL RIDER

AUSTRALIAN TOUR

2026-2027

PROPERTY OF:
CADEL THE PLAY LLC

CONTENTS

1. GENERAL INFORMATION	24. CREW REQUIREMENTS
2. CONTACT INFORMATION	25. LOCAL LABOR
3. TOURING PERSONNEL	26. LOAD-IN REQUIREMENTS
4. SHOW OVERVIEW	27. LOAD-OUT REQUIREMENTS
5. PERFORMANCE SCHEDULE	28. TRUCKING & TRANSPORT
6. ADVANCE REQUIREMENTS	29. STORAGE
7. STAGE DIMENSIONS & LAYOUT	30. SAFETY REQUIREMENTS
8. SCENIC REQUIREMENTS	31. PYRO / SPECIAL EFFECTS
9. DECK & FLOORING	32. HAZE / ATMOSPHERICS
10. RIGGING REQUIREMENTS	33. FIRE & VENUE REGULATIONS
11. FLY SYSTEM	34. INSURANCE
12. LIGHTING REQUIREMENTS	35. HOSPITALITY
13. VIDEO & PROJECTION REQUIREMENTS	36. DRESSING ROOMS
14. AUDIO / SOUND REQUIREMENTS	37. CATERING
15. TIME CODE / SYNC	38. INTERNET / WIFI
16. POWER REQUIREMENTS	39. SECURITY
17. CONTROL & NETWORKING	40. CURFEW / NOISE RESTRICTIONS
18. BACKLINE	41. MERCHANDISE
19. PROPS	42. RECORDING / BROADCAST
20. WARDROBE / COSTUMES	43. PHOTOGRAPHY / PRESS
21. MAKEUP / HAIR	44. ACCESSIBILITY REQUIREMENTS
22. STAGE MANAGEMENT	45. NOTES & DISCLAIMERS
23. COMMUNICATIONS	46. FRONT OF HOUSE

1. GENERAL INFORMATION

CADEL: Lungs On Legs is a live theatrical show that tells the *true story* of **Cadel Evans**, the first and only Australian to win the **Tour de France**. It's a **one-man performance** written and performed by **Connor Delves**, in which he **pedals continuously on a real racing bike on stage** for the full duration of the show, immersing the audience in Evans' grueling journey to the pinnacle of professional cycling. The production combines vivid storytelling, physical endurance, and multimedia elements like race footage and commentary to bring the drama, sacrifices, and triumphs of the 2011 Tour de France to life.

2. CONTACT INFORMATION	3. TOURING PERSONNEL
<p>Producer: Connor Delves CADEL THE PLAY LLC cadeltheplay@gmail.com +1 929-278-4302</p> <p>Australian Tour Producer: Ali Welburn ali@limelightconsulting.com.au +61 403 978 221</p> <p>Marketing & Publicity: Ali Welburn ali@limelightconsulting.com.au +61 403 978 221</p> <p>Design (Lighting, Scenic, Video): IMAGINE BLACK LLC info@imagineblack.com Mitchell Fenton - +1 (929) 396 8161</p> <p>Sound Designer: Nate Edmondson nate.edmondson@hotmail.com +1 917 528 8536</p>	<p>Actor: Connor Delves connor@connordelves.com +1 929 278 4302</p> <p>On-Stage ASM: Mecca Christy meccachristy@yahoo.com +1 443 567 8833</p> <p>Director (sometimes on tour): Mark Barford mark@markbarford.com +1 929 777 0436</p>

4. SHOW OVERVIEW

CADEL: Lungs On Legs is a high-energy, solo theatrical work with integrated live cycling, projection, sound, and lighting. The production combines spoken narrative, physical performance, and live endurance cycling to tell the story of Australian cyclist Cadel Evans. The performer rides a bicycle live on stage for extended periods as part of the performance. This requires particular attention to air circulation, temperature, sound balance, and stage safety, as outlined below.

Run of Show / Duration

- 66–70 minutes continuous, no interval
- Single performer on stage playing Cadel with an onstage ASM entering and exiting
- No scene breaks or pauses once the show begins
- First performance can occur within 1.5 hours of completed bump-in and cue-to-cue.

Live Cycling / Physical Performance

- Performer rides live on stage for multiple sections of the show, including sustained high-intensity cycling
- Cycling generates significant body heat and perspiration, as well as water on floor from water bottles
- A controlled, cool environment is essential for performer safety and performance quality

Air Conditioning & Ventilation

- Venue air-conditioning must be active and consistent for the full duration of the performance
- Target stage temperature: 18–21°C where possible
- If venue HVAC cannot reach this range, supplementary airflow (quiet fans) may be required
- Airflow should be directed across the stage rather than directly into microphones or projection paths
- Any airflow solutions must be silent and not interfere with audio pickup
- Ideally, the airconditioning on stage can be turned off for a brief 5 minute period partway through the show. Please let production management know if this is not doable.

Sound Considerations

- Live cycling produces mechanical sound which is an intentional part of the soundscape
- Sound system must allow for clear vocal reinforcement while accommodating live bike noise
- Floor vibrations should be minimised where possible (e.g. stable platforming and isolation if required)

Projection & Lighting Integration

- The show relies on tightly cued projection and lighting that responds to the physical performance
- Lighting supports both high-contrast storytelling moments and endurance-sport atmospheres
- Blackout capability and controlled spill are required for projection clarity

Stage & Safety:

- Bike and riding position remain fixed throughout the show
- Stage surface must be level, non-slip, and secure
- Adequate clearance must be maintained around the bike for performer safety
- Any cables, fans, or stage elements must be fully taped and dressed
- For insurance purposes, only members of the CADEL company are permitted to handle the bike props.

Audience Experience

- The audience is present for an uninterrupted, immersive performance
- Ambient noise (HVAC, fans, external bleed) should be minimised while still maintaining safe airflow
- Select performances have “roadside seats” on side of stage. The conversation about including roadside seats will be had with the CADEL producers.
- Audience in the “roadside seats” may not be seated late. If those audience members are late, they must be seated in regular latecomer seating, as to not disrupt the performance.
- If the roadside seats have not sold out, or if any roadside seat patrons have not arrived at scheduled start time, please pull patrons from the front row to make the stage seating full. When inviting patrons onstage, please let them know they can't leave once the show begins.

5. PERFORMANCE SCHEDULE

Venue by Venue basis, Please discuss with Producers. Preferred is:

- Evening performance time can be 6.30pm to 8pm
- Matinee performance time can be 2pm to 5pm
- 5 show weekends are preferred (no mid-week matinee)
- Maximum of 7 shows per week.
- Break between shows – ideally 3 hours.

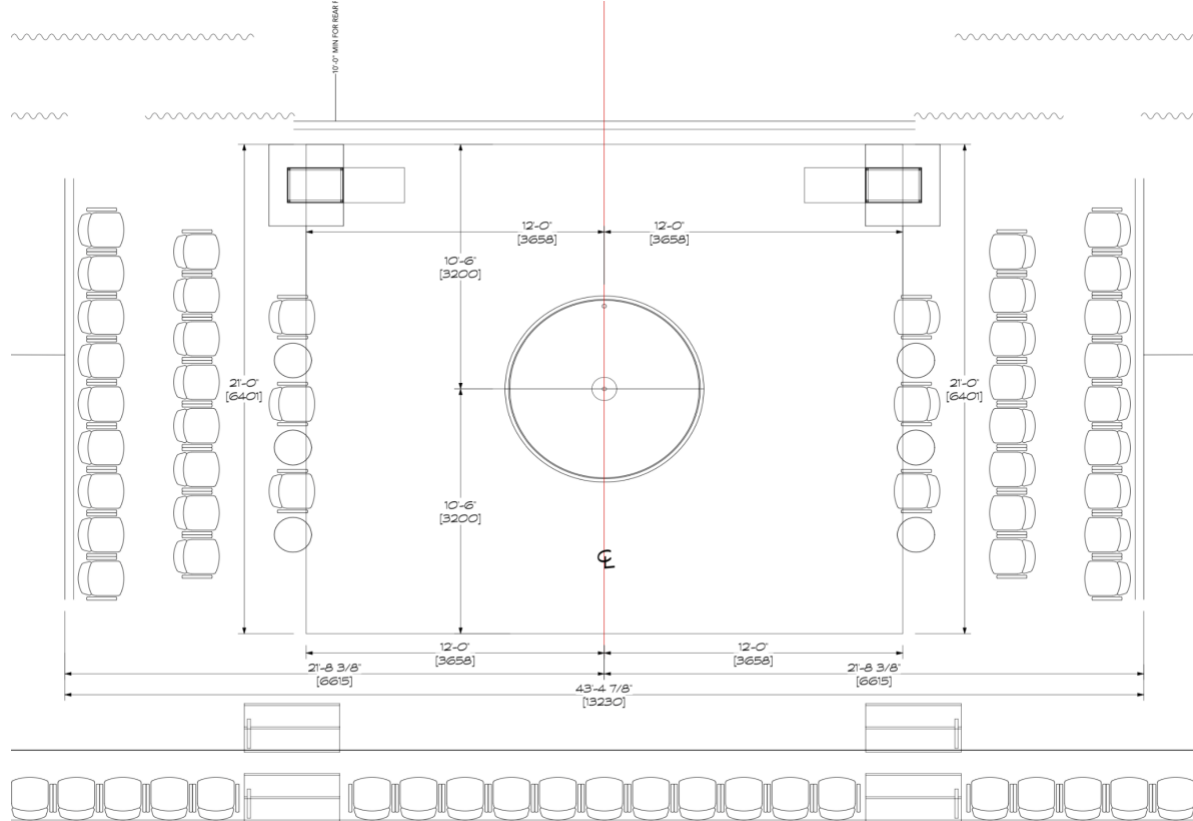
REQUIREMENTS:

Please send the following:

- Complete drawings Ground Plan and Section of the venue, standard hang that includes all Masking, flown goods etc and lighting, sound & video.
- Please send in PDF format as well as DWG %/OR Vectorworks
- Please send full venue technical rider complete with any additional items that can be used.
- Please send a contact list of venue personal for Producing, Marketing, Production/Technical management, Lighting, Sound, Video

7. STAGE DIMENSIONS & LAYOUT

Please see below Drawings for our Option A / Full Production. Please discuss with the Production Manager.



8. SCENIC REQUIREMENTS

TOURING: We Tour a complete set built by Theatre Safe Australia, non inclusive of masking, projection screens & hanging / flown goods such as gauzes. The following scenic items tour in a sprinter van:

- 2 x Arches with internal LED Lighting
- 1 x Revolve Deck with edge LED Lighting
- 1 x Printed PVC Floor
- Various Props listed below

LOCAL: We require Masking, Legs, Border, Projection Screen from the venue. Once your technical specifications have been received our Production Manager will reach out with a plan.

9. DECK & FLOORING

We Tour a printed PVC floor that comes in 3 sections that run up stage / Down stage. The floor should be mopped pre-show with a damp mop/MINIMAL WATER, plain water with no soap solution of any kind. The full floor is 6.4m US/DS & 7.3m cross stage. The placement will be determined by the touring crew at the top of load in. The floor will not be put down until all overhead rigging of lighting & scenic is complete

10. RIGGING REQUIREMENTS

CADEL does not carry any rigging. All rigging for all scenic elements that come from the house will need to be supplied by the house. Please discuss with Production Manager

11. FLY SYSTEM

There are no fly cues during the show of CADEL. Please discuss with Production Manager

12. LIGHTING REQUIREMENTS

We Tour a lighting EOS Puck and Gadget capable of 2 x 5 pin DMX universes. We use the house lighting rig and need the following as a minimum to do the show:

- 18 x ETC Profiles 750w with shutters, various lens types OR Equivalent
- 10 x LED Color Changing Stage Wash OR Anything color change that can do a wash
- 2 x 24" Touch Screen monitors with HDMI input for the PUCK
- 1 x Network Switch
- 1 x Power strip to power monitors & ETC Puck

Please see the Generic Lighting plan and let the Production Manager know if you have any questions.

13. VIDEO & PROJECTION REQUIREMENTS

Please discuss your spec and setup with the Production Manager before. If you do not have these the production will source them locally with your input.

Note, there are 2 versions of the show. A single screen, and triple screen version.

- 1 x Projector minimum 7k (3, if using the triple screen version)
- 1 x Projection Screen (3, if using the triple screen version)
- HDMI connection from Mac Mini to projector
- Stage monitor to be rigged at the back of the theatre for the performer to see. This will mirror the back projection so that the performer can time his movements with the projection
- Production can tour with the two side screens if agreed presentation is 3 screen option.

14. AUDIO / SOUND REQUIREMENTS

We tour with a Mac Mini, Comsol and monitor to run QLab off. We also travel with our own headset microphone, receivers and paddles.

From the venue, we require:

- DMX connection from receiver to sound desk
- Jack or USB-C connection from Mac Mini to sound desk
- Power outlets for receiver, Mac Mini, Comsol, and monitor.
- Onstage foldback on both PS and OP, in line with centre stage revolve if possible.

15. TIME CODE / SYNC

Not used in the show

16. POWER REQUIREMENTS

TOURING: The following Scenic Electric has LED tape and will need a dedicated power line:

- 2 x Arches (Powered Separately)
- 1 x Deck (Powered Separately)

17. CONTROL & NETWORKING

All house control & Networking will be utilised as needed.

18. BACKLINE

Not Needed. There is no live music.

19. PROPS

Touring Props:

- 3 Road Bikes (Time Trial Bike (Black with disc wheel), Teammachine (Black and red), & Yellow Teammachine (yellow and black))
- Wahoo kicker snap trainer
- Pee cup x2 pre-filled
- Ginger ale
- Whistle x2 (need replacement)
- Mini note pad
- Pencil
- Oxygen mask
- White towels x15
- Black water bottle x12
- Bandage sleeve
- Lion toy mascot
- Wine glass x2
- Australia flag
- Gel pack x20
- Gold medal
- Yellow flower bouquet

Touring Wardrobe:

- Black BMC time trial helmet
- Black cycling glasses
- Black book bag
- Red BMC helmet
- Australia jersey
- Team Lotto jersey
- 2008 yellow jersey (short sleeve)
- Black cap
- Watch
- White helmet
- BMC red jersey

- BMC rain vest
- BMC rain jacket
- Diadora cycling shoes
- Yellow helmet
- Yellow glasses
- 2011 yellow jersey (short sleeve)
- 2011 yellow jersey (long sleeve)
- BMC knicks
- Red gloves
- BMC socks
- Black sneakers
- Black shirt
- Black sweatpants

From Venue:

- 2 x chairs for backstage use.
- 1 trestle table, and sufficient backstage space on stage left.

20. WARDROBE / COSTUMES

We Tour costume and wardrobe for the show. Please supply adequate on site laundry services or advise where this can be done locally. We are after the following on site at a minimum

- 2 x Costume racks with hangers
- 2 x props and costumes tables

21. MAKEUP / HAIR

Hair and makeup is done by the actor. Please provide:

- 1 x Full length Mirror in the actors dressing room
- 1 x Dressing Room mirror for makeup if not already in a dressing room
- 1 Fan

22. STAGE MANAGEMENT

Stage management runs the show and will operate QLAB (sound & video) & lighting for the show. Operation desk should be set up at the back of the theatre, with blue light for show. Preference is to have lighting monitor set up on the right, facing stage, and sound monitor set up on the left, facing stage. Sound desk should be in reach of operating desk. There should be adequate space on the desk for both sound and lighting monitors/keyboards, as well as space between them for prompt script and notebook.

23. COMMUNICATIONS

Headsets are not a requirement between the calling stage manager and deck stage manager. If venue already has headset comms available, this is the preferred method of communication between stage manager and front of house.

24. CREW REQUIREMENTS

Please inform us on Venue Crew minimums.

We require the following for Load in:

- 1 x Lighting
- 1 x Sound
- 1 x Manager (Production or Technical if not already included in the above)

ALL LOCAL Crew numbers must be confirmed with the Producer & Production Manager prior to load in.

For Run of show we require:

- 1 x Technical manager (To problem solve anything not working)

25. LOCAL LABOR

Local labor shall be hired and contracted through the venue.

26. LOAD-IN REQUIREMENTS

Please advise us of any specific Load In requirements or abnormalities to your venue. Such as a small dock, elevators, or a long push from the truck to the stage.

A typical production schedule for bump-in and performance is:

09:00 – 13:00: Lighting reshuffle, and patching. SND install and check. Set bump-in.

13:00 – 14:00: Lunch break

14:00 – 16:00: LX plotting.

16:00 – 17:00: Top and tail run of the show

17:00 – 17:30: Fixes

17:30 – 18:30: Dinner break

18:30 – 19:00: Preshow checks.

19:00 – 19:30: House live

19:30 – 20:40: Performance

20:40 – 22:15: Bump-out

27. LOAD-OUT REQUIREMENTS

Please advise us of any curfew requirements

28. TRUCKING & TRANSPORT

Tour options are either truck or four wheel drive ute and trailer, that contains all touring elements on our show. Please provide a ramp if you feel it is needed / necessary to load into your loading dock.

29. STORAGE

Set & Bike accessories storage. Bikes must be able to be locked securely each night.

30. SAFETY REQUIREMENTS

Please inform the CADEL company of any venue safety requirements in advance. If any digital inductions are required to be completed, please send these as early as practical.

31. PYRO / SPECIAL EFFECTS

Not used

32. HAZE / ATMOSPHERICS

Haze is used in the show. We are touring with 2 handheld haze machines.

Please walk through isolation procedure with Stage manager as part of venue induction. Advise whether this is a job that stage manager can do before each show, or if venue tech are required to do it on our behalf.

33. FIRE & VENUE REGULATIONS

Please inform the CADEL company of any fire exits and emergency procedures during venue induction.

34. INSURANCE

20 Million General Public Liability insurance is confirmed. Please discuss with Ali Welburn if necessary.

35. HOSPITALITY

N/A

36. DRESSING ROOMS

- 1 x Actor
- 1 x ASM
- 1 x Stage Manager / Production Management

37. CATERING

Not needed.

38. INTERNET / WIFI

Please supply password & access.

39. SECURITY

As per the house, nothing extra required

40. CURFEW / NOISE RESTRICTIONS

Please advise us of venue operation hours and hard out times at the end of the show.

41. MERCHANDISE

The CADEL company sells merchandise before and after the show. Please provide a merch stand/counter and a wall behind to display / hang the merch. Typically, a member of the CADEL company sells merch, and we do not require an additional usher. We will let you know if we require an additional usher, with as much notice as practical.

42. RECORDING / BROADCAST

We reserve the full rights to record the show. Any venue related recording for archival purposes is strictly prohibited and must be approved in advance if there is a need.

43. PHOTOGRAPHY / PRESS

Please inform us of any photography or press ahead of time as this will have to be approved by the producers.

44. ACCESSIBILITY REQUIREMENTS

As per the venue.

45. NOTES & DISCLAIMERS

N/A

46. FRONT OF HOUSE

A script for FOH announcements will be provided prior to the season.

House - We typically open the house 20 minutes before scheduled start time. Music and archival footage of the Tour de' France screen preshow, before snapping into blackout and show following clearance.

Roadside seats – For selected performances, there are on-stage “roadside seats” on either side of the stage. These seats are sold at a premium. If roadside seats, are in place, these must be filled. Latecomer patrons with roadside seats may not be permitted to their seats once the show starts.

Lockout - There is typically a lockout for this show. This will be communicated to the FOH manager on the night, and will depend on accessibility, door locations, and if there are other performances. If late entry is permitted, please seat latecomers or returning patrons at the rear, so not disturb other patrons.

Photography and filming - Strictly no photography and filming of the performance. Photos and filming preshow, during curtain call, and post-show is okay.

Post-show - Connor Delves, playing Cadel, usually goes front of house near the merch stand, for post-show meet+greet, and photo opportunities.

Merch - Merch is sold by company members, pre and post show.

Final numbers – Please communicate these to stage management directly at the end of the performance.